

# LEARN KARATE



*Learn Authentic & Traditional  
Wadoryu Karate*

**Pomphlett Methodist Centre,**  
**Pomphlett Gardens, Plymstock. PL9 7BL**  
*Tuesdays 7-8.30pm.*

Beginners Welcome (minimum age 8 years).

All registered Instructors have CRB and  
1st Aid Certification, Insurances, and Black-belt  
Registration to the National Governing Body for  
Wado Karate,

**British Wado Federation.**

£5 per session. Introductory Lesson *FREE!*

For further details: 01752-493210.

[www.wadokai.co.uk](http://www.wadokai.co.uk)

[www.britishwadofederation.co.uk](http://www.britishwadofederation.co.uk)

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