



**The Grade Syllabus of the  
British Wadokai Karate-do Federation  
Foundations Established in 1976**

**英国和道会空手道連盟 - 本部道場  
Eikoku Wadokai Karate-do Renmei Honbu Dojo  
Chief Instructor Gary E Swift (7th Dan) Kyoshi**

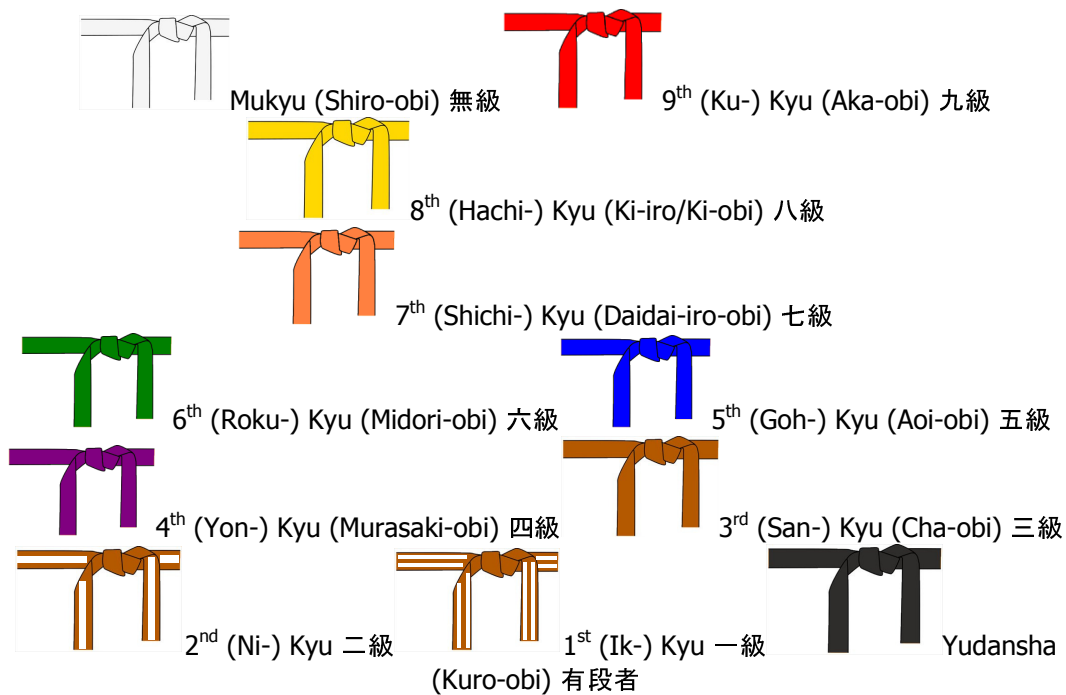
***'Peace within Mutual Harmony'***

**Includes All Grading Requirements from 9<sup>th</sup> Kyu to 7<sup>th</sup> Dan**

Kyu grade syllabus as introduced into the UK & Europe, by  
Suzuki Tatsuo (8<sup>th</sup> Dan) Hanshi in 1964

Yudan grade syllabus as introduced by  
Gary E Swift (7th Dan) Kyoshi in 1982

## The Grade Structure of British Wadokai Karate.



### NOTES FOR STUDENTS ANTICIPATING A GRADING

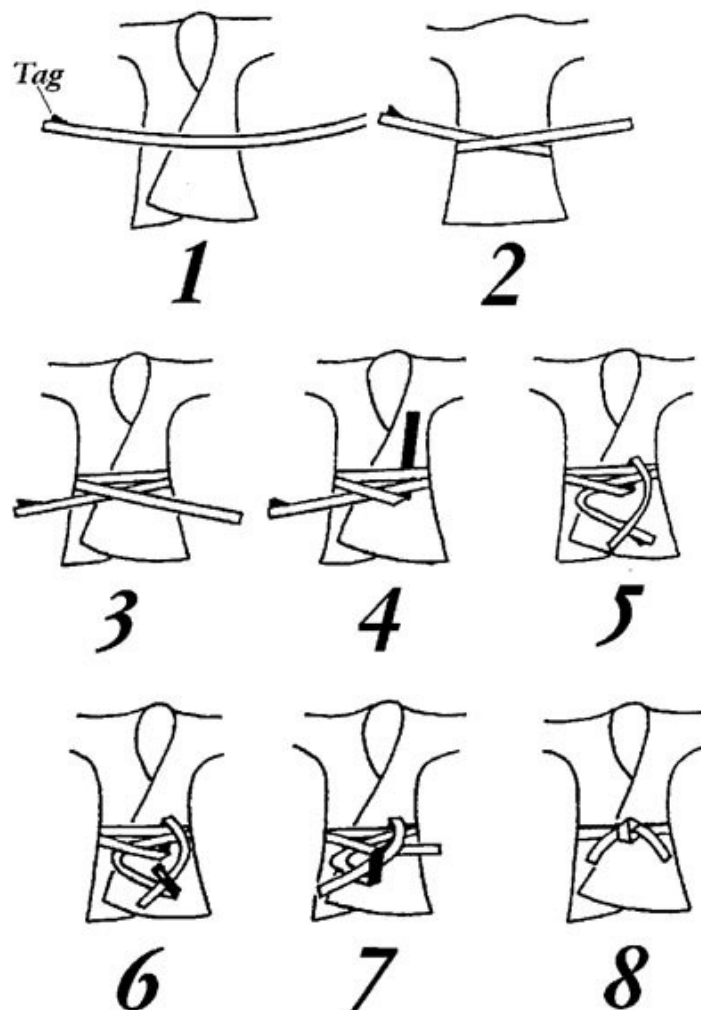
Before the grading date, be prepared:

1. All applicants for gradings must wear a clean white Gi.
2. Mon (Badge/s) must be worn on the left side of the Gi.
3. Ensure you have read and understood the Club Rules.
4. Ensure you have an up-to-date **British Wadokai** Licence.
5. Ensure you have correct grade registration prior to grading.
6. And probably most important, make sure you 'know' what you need to know for your grading.

Best etiquette must be observed at all times. Ensure you pay your respects to the examiner/s in the correct way (always bowing, etc.). Always sit in the crossed legged position, during the 'rest' period between techniques, in the Shimoza area, or allocated rest area, of the Dojo. When called for any aspect of the grading, bow when entering the Dojo-floor.

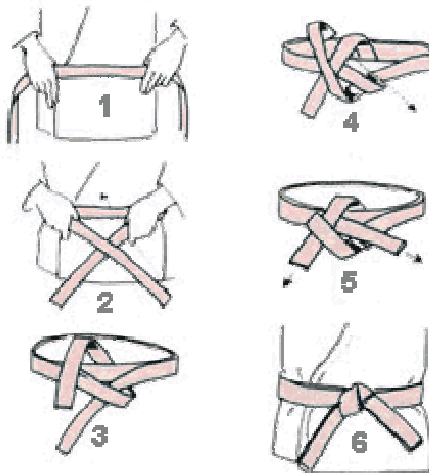
Before the practical aspect of the grading commences, you will be required to kneel before the Examiner/s desk. From here you will be asked to recite the Dojo-kun (Japanese & English) and remove your Obi from your waist and fold it in front of you. Upon a further command, you will retie the Obi correctly around your waist. You will then wait for further instructions.

The correct way to tie the Obi 帯 in traditional Wadoryu Karate.



**How to tie a belt in the traditional Wadoryu Karate Hon-musubi method.**

- 1) Find the middle of the belt and place against your waist and overlap/cross around the back.
- 2) Bring the ends to the front and cross the ends right over left.
- 3) Tuck the right end under BOTH strands (between the Gi and Belt) and pull tight.
- 4, 5) Complete the knot by tying left over right.
- 6) Pull ends tightly sideways (never up and down) and allow ends to hang symmetrically.



During 9<sup>th</sup> & 8<sup>th</sup> Kyu Gradings all terminology & commands will be spoken first in Japanese followed by English. 7<sup>th</sup> Kyu and upwards all terminology & commands will be in Japanese.

## 9<sup>th</sup> KYU 九級



Commands on this grading will be given first in Japanese then in English.

DOJO-KUN (Recited in Japanese and English), as with ALL proceeding grades. For 9<sup>th</sup> Kyu, you will also be tested on correct traditional Wado-ryu belt-tying technique (Hon-Musubi). 本結び

### UKE (Blocks)

Performed from Junzuki-dachi.

1. Jodan-uke: *Head block.*
2. Chudan-soto-uke: *Body outer block.*
3. Chudan-uchi-uke: *Body inner block.*
4. Gedan-barai: *Lower body sweeping block.*

### KIHON-WAZA (Fundamental techniques)

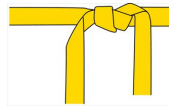
Performed from Hanmi-gamae.

1. Jodan-tsuki: *Head punch.*
2. Uraken-uchi-jodan: *Head back-fist strike.*
3. Maegeri-chudan: *Body front kick.*
4. Surikomi-maegeri-chudan: *One step body front kick.*
5. Mawashigeri-chudan: *Body round-house kick.*
6. Surikomi-mawashigeri-chudan: *One step body round-house kick.*

### DOJO-KUN 道場訓

Japanese	Translation	Phonetic
REISETSU-O-MAMORI	Be loyal to your Instructor.	Ray sets o mamory
SHINGI-O-OMANJI:	Stick to the rules of the Dojo.	Shin gee o oman jee
JOJITSU-NI-OBERESU	Students and Instructors are not all one; never take advantage of his friendship.	Joe jitsu nee obberesz
SHINKENMI-NI- TESSEYO	Be serious in your efforts.	Shin ken mee nee tesseyo

## 8<sup>th</sup> KYU 八級



Commands on this grading will be given first in Japanese then in English.

DOJO-KUN (Recited in Japanese and English), as with ALL preceding grades. For 8<sup>th</sup> Kyu, you will also be tested on your belt-tying technique.

### KIHON-WAZA (Fundamental techniques)

1. Junzuki, Mawatte-jodan-uke: *Straight punch, turn with head block.*
2. Gyakuzuki, Mawatte-gedan-barai: *Reverse punch, turn with lower body sweeping block.*
3. Maegeri-chudan: *Front kick to the body.*
4. Surikomi-maegeri-chudan: *One step front kick to the body.*
5. Sokuto-fumikomi-hiza: *Side edge stamping kick to the knee.*

### RENRAKU-WAZA (Combination techniques)

1. Maegeri-chudan-tobikomizuki-jodan: *Front kick to the body, snap punch to the head.*
2. Surikomi-maegeri-chudan-tobikomizuki-jodan: *One step front kick to the body, snap punch to the head.*
3. Maegeri-chudan-gyakuzuki-chudan: *Front kick, reverse punch to the body.*
4. Surikomi-maegeri-chudan-gyakuzuki-chudan: *One step front kick, reverse punch to the body.*

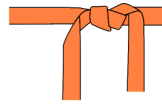
### UKE (Blocking techniques)

Performed from junzuki-dachi

1. Chudan-soto-uke-gyakuzuki: *Body outer block, reverse punch.*
2. Chudan-uchi-uke-gyakuzuki: *Body inner block, reverse punch.*

*All blocks are performed with turning block (outer/inner), reverse punch.*

7<sup>th</sup> KYU 七級



Commands for 7<sup>th</sup> Kyu & above will be in Japanese.

KIHON-WAZA 基本技

1. Junzuki-no-tsukkomi
2. Gyakuzuki-no-tsukkomi
3. Mawashigeri-chudan

RENRAKU-WAZA 連絡技

1. Maegeri-chudan – Mawashigeri-chudan – Gyakuzuki-chudan
2. Surikomi-maegeri-chudan – Mawashigeri-chudan – Gyakuzuki-chudan

UKE 受け

SANBON-GUMITE 三本組手

1. Junzuki-uke; Gohonme (chudan-soto-uke-maegeri), Ropponme (chudan-uchi-uke-empi)

KATA 形

1. Pinan Nidan

6<sup>th</sup> KYU 六級



KIHON-WAZA 基本技

1. Kette-junzuki
2. Kette-gyakuzuki
3. Tobikomizuki-jodan
4. Surikomi-mawashigeri-chudan
5. Surikomi-sokuto-chudan

RENRAKU-WAZA 連絡技

1. Maegeri-chudan – Sokuto-fumikomi-hiza – Gyakuzuki-chudan
2. Surikomi-maegeri-chudan – Sokuto-chudan – Gyakuzuki-chudan

UKE 受け

SANBON-GUMITE 三本組手

1. Junzuki-uke; Ipponme, Nihonme
2. Maegeri-uke; Ipponme, Nihonme

OHYO-GUMITE 応用組手

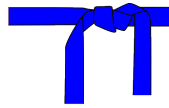
1. Ipponme

KATA 形

1. Pinan Shodan
2. Pinan Sandan

JIYU-GUMITE 自由組手

5<sup>th</sup> KYU 五級



KIHON-WAZA 基本技

1. Kette-junzuki
2. Kette-gyakuzuki
3. Kette-junzuki-no-tsukkomi
4. Kette-gyakuzuki-no-tsukkomi
5. Nagashizuki-jodan
6. Ushirogeri-gedan
7. Sokuto-chudan
8. Nidangeri-jodan

RENRAKU-WAZA 連絡技

1. Mawashigeri-chudan – Ushirogeri-gedan – Gyakuzuki-chudan
2. Surikomi-sokuto-fumikomi-hiza – Ushirogeri-gedan – Uraken-uchi-jodan

UKE 受け

SANBON-GUMITE 三本組手

1. Junzuki-uke; Sanbonme, Yonhonme
2. Maegeri-uke; Sanbonme, Yonhonme

OHYO-GUMITE 応用組手

1. Nihonme

KATA 形

1. Pinan Sandan
2. Pinan Yodan

JIYU-GUMITE 自由組手

## 4<sup>th</sup> KYU 四級



### KIHON-WAZA 基本技

1. Kette-junzuki
2. Kette-gyakuzuki
3. Kette-junzuki-no-tsukkomi
4. Kette-gyakuzuki-no-tsukkomi
5. Nagashizuki-jodan
6. Mawashigeri-chudan
7. Ushirogeri-chudan
8. Sokuto-chudan

### RENRAKU-WAZA 連絡技

1. Maegeri-chudan – Nagashizuki-jodan – Gyakuzuki-chudan
2. Surikomi-maegeri-chudan – Nagashizuki-jodan – Mawashigeri-chudan
3. Maegeri-chudan – Sokuto-fumikomi-hiza – Ushirogeri-gedan – Gyakuzuki-chudan

### UKE 受け

#### SANBON-GUMITE 三本組手

1. Junzuki-uke; Gohonme, Ropponme
2. Maegeri-uke; Gohonme, Ropponme

#### OHYO-GUMITE 応用組手

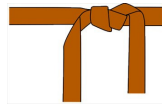
1. Sanbonme

#### KATA 形

1. Pinan Yodan
2. Pinan Godan

#### JIYU-GUMITE 自由組手

3<sup>rd</sup> KYU 三級



KIHON-WAZA 基本技

1. Kette-junzuki
2. Kette-gyakuzuki
3. Kette-junzuki-no-tsukkomi
4. Kette-gyakuzuki-no-tsukkomi
5. Tobikomizuki-jodan
6. Nagashizuki-jodan
7. Mawashigeri-jodan
8. Ushirogeri-chudan
9. Surikomi-sokuto-jodan

RENRAKU-WAZA 連絡技

1. Surikomi-maegeri-chudan – Mawashigeri-chudan – Ushirogeri-chudan – Uraken-uchi-jodan
2. Maegeri-chudan - Nagashizuki-jodan – Gyakuzuki-chudan – Mawashigeri-chudan
3. Surikomi-maegeri-chudan – Sokuto-fumikomi-hiza – Ushirogeri-chudan – Uraken-uchi-jodan

UKE 受け

SANBON-GUMITE 三本組手

1. Junzuki-uke; Ipponme, Nihonme
2. Maegeri-uke; Ipponme, Nihonme

OHYO-GUMITE 応用組手

1. Yonhonme

KIHON-GUMITE 基本組手

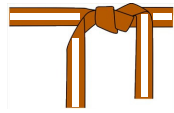
1. Ipponme
2. Nihonme

KATA 形

1. Ku-Shanku

JIYU-GUMITE 自由組手

2<sup>nd</sup> KYU 二級



KIHON-WAZA 基本技

1. Kette-junzuki
2. Kette-gyakuzuki
3. Kette-junzuki-no-tsukkomi
4. Kette-gyakuzuki-no-tsukkomi
5. Nagashizuki-jodan
6. Mawashigeri-jodan
7. Sokuto-jodan
8. Ushirogeri-chudan
9. Nidangeri-jodan

RENRAKU-WAZA 連絡技

1. Surikomi-maegeri-chudan – Nagashizuki-jodan – Mawashigeri-jodan
2. Maegeri-chudan – Sokuto-chudan – Ushirogeri-chudan – Gyakuzuki-chudan
3. Zenshinshite-jodan - Renzuki-chudan - Surikomi-maegeri-chudan - Mawashigeri-chudan - Gyakuzuki-chudan

UKE 受け

SANBON-GUMITE 三本組手

1. Junzuki-uke; Sanbonme, Yonhonme
2. Maegeri-uke; Sanbonme, Yonhonme

OHYO-GUMITE 応用組手

1. Gohonme
2. Ropponme

KIHON-GUMITE 基本組手

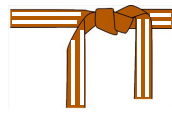
1. Sanbonme
2. Yonhonme

KATA 形

1. Ku-Shanku
2. Nai-hanchi

JIYU-GUMITE 自由組手

1<sup>st</sup> KYU 一級



KIHON-WAZA 基本技

1. Kette-junzuki
2. Kette-gyakuzuki
3. Kette-junzuki-no-tsukkomi
4. Kette-gyakuzuki-no-tsukkomi
5. Nagashizuki-jodan
6. Surikomi-mawashigeri-jodan
7. Surikomi-sokuto-jodan
8. Ushirogeri-chudan
9. Nidangeri-jodan

RENRAKU-WAZA 連絡技

1. Zenshinshite-jodan – Renzuki-chudan – Maegeri-chudan – Mawashigeri-chudan – Ushirogeri-chudan – Gyakuzuki-chudan
2. Surikomi-jodan – Renzuki-chudan – Surikomi-maegeri-chudan – Mawashigeri-chudan – Ushirogeri-chudan – Uraken-uchi-jodan
3. Zenshinshite-jodan – Renzuki-chudan – Maegeri-chudan – Nagashizuki-jodan – Gyakuzuki-chudan – Mawashigeri-jodan

UKE 受け

SANBON-GUMITE 三本組手

1. Junzuki-uke; Gohonme, Ropponme
2. Maegeri-uke; Gohonme, Ropponme

OHYO-GUMITE 応用組手

1. Nanahonme
2. Napponme

KIHON-GUMITE 基本組手

1. Gohonme

KATA 形

1. Ku-Shanku
2. Seishan
3. Chinto

JYU-GUMITE 自由組手

## YUDAN 有段者



### KIHON-WAZA 基本技

1. Kette-junzuki
2. Kette-gyakuzuki
3. Kette-junzuki-no-tsukkomi
4. Kette-gyakuzuki-no-tsukkomi
5. Tobikomizuki-jodan
6. Nagashizuki-jodan
7. Mawashigeri-jodan
8. Sokuto-jodan
9. Ushirogeri-chudan
10. Nidangeri-jodan

*Not applicable for 4<sup>th</sup> Dan or over.*

### RENRAKU-WAZA 連絡技

1. Zenshinshite-jodan – Renzuki-chudan – Maegeri-chudan – Mawashigeri-jodan – Ushirogeri-chudan – Uraken-uchi-jodan
2. Surikomi-jodan – Renzuki-chudan – Surikomi-sokuto-jodan – Ushirogeri-chudan – Gyakuzuki-chudan
3. Zenshinshite-jodan – Renzuki-chudan – Maegeri-chudan – Nagashizuki-jodan – Gyakuzuki-chudan – Mawashigeri-jodan – Ushirogeri-chudan – Uraken-uchi-jodan

*Not applicable for 4<sup>th</sup> Dan or over.*

### KATA 形

At least three Kata will be selected from the first nine, as Examiner/s choice.

### ENBU 演武

Lasting no less than sixty seconds. *Not applicable for 4<sup>th</sup> Dan or over.*

### JIYU-GUMITE 自由組手

Futari-dori. *Not applicable for 4<sup>th</sup> Dan or over.*

### HIKKI-SHIKEN 筆記試験

Written test. *Not applicable for 4<sup>th</sup> Dan or over.*

## SHODAN 壹段

SANBON-GUMITE 三本組手  
All

OHYO-GUMITE 応用組手  
Ipponme, Nihonme, Sanbonme, Yonhonme

KIHON-GUMITE 基本組手  
Ipponme, Nihonme, Sanbonme, Yonhonme

KATA 形  
Bassai, Wanshu

## NIDAN 貳段

SANBON-GUMITE 三本組手  
All

OHYO-GUMITE 応用組手  
Gohonme, Ropponme, Nanahonme, Naponme

KIHON-GUMITE 基本組手  
Gohonme, Ropponme, Nanahonme, Naponme

KATA 形  
Ni-sei-shi, Rohai

## SANDAN 参段

SANBON-GUMITE 三本組手  
All

OHYO-GUMITE 応用組手  
All

KIHON-GUMITE 基本組手  
All

KATA 形  
Ji'tte, Ji'han, Ji'in

## YUDAN SHINSA

There are two Yudan Shinsa (Black-belt Gradings) held every year, these are normally held on the last Sunday at the end of March and September. See BWK Date Section for full details.

### KYU GRADE STRUCTURE & GUIDELINES FOR EXAMINERS

Only qualified Yudansha, who possess British Wadokai Examiners/Instructors cards, will monitor British Wadokai Kyu grade examinations. Level 1 allows the examiner to grade up to 7th Kyu, Level 2 up to 4th Kyu, and Level 3 up to 1st Kyu. Level 4 entitlements are split into segments: Level 4a up to Shodan, 4b up to Nidan, 4c up to Sandan. Level 5 is reserved for the British Wadokai President/Chief Instructor; this allows him the authority to grade up to and including his own grade. Before conducting a grading ensure that the correct grade fee has been paid to the Secretary/Treasurer. When the applicant has handed over his British Wadokai Licence, also check to see if it up to date. During assessment always take medical, age, mental & physical aspects into consideration at all times. For example if someone suffers from dyslexia he may find problems with coordination. He may find problems with, or incapable of, reciting the Dojo-kun. Remember, a fully 'able' person 'should' know his stuff! If he does not, then mark him accordingly.

### Grade Scoring

Grade	3rd Class Pass	2nd Class Pass	1st Class Pass
9th Kyu	10+	20+	30+
8th Kyu	12+	24+	36+
7th Kyu	12+	24+	36+
6th Kyu	25+	30+	45+
5th Kyu	25+	40+	60+
4th Kyu	25+	45+	65+
3rd Kyu	40+	65+	85+
2nd Kyu	40+	65+	85+
1st Kyu	45+	70+	95+

Score	Symbol
Good; 4	○
Above Average; 3	◌ △
Average; 2	△
Below Average; 1	x △
Wrong; 0	X